

# CRAWFORD COUNTY COUNCIL ON AGING



NOVEMBER 2020 "Your Community Senior Center"

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## Senior Tidings

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### Newsletter Donations

Donations for the Council on Aging newsletter, Senior Tidings, are always appreciated. The mailing cost for each home is estimated to be \$3 per year.

### Mail donations to:

Council on Aging,  
200 S. Spring St., P.O. Box 166,  
Bucyrus, OH 44820

## VETERANS DAY 2020



THANK YOU  
to all who have served  
and those who  
continue to serve and  
protect our country!

Veterans Day is Nov. 11.  
See page 4 for Veterans Day facts.

# COA Info. & Medicare

## Cancellation of Congregate Meals During inclement weather

In the past, when Bucyrus City Schools canceled due to inclement weather, our meal site would also be canceled. While providing Grab & Go meals, we will not cancel the pick up of meals when Bucyrus City Schools close during the pandemic. If Grab & Go meals are canceled, your meal reservation will be moved to the next business day for pick up. If you cannot pick up your Grab & Go the following business day, please follow the cancellation procedures.

Stay informed regarding closings by listening to the radio or go online to the following:

- listening to Q92.7 WQEL
- <http://wqel.com/closings/>
- <http://crawfordcountynow.com/closings/>



## How do I use the Medicare.gov Plan Finder tool?

Dear Marci,



I hear that I can change my Part D prescription drug coverage this fall if I would like. My Part D plan has worked fine for me this past year, but I still want to look at my other options. How do I use the Medicare.gov Plan Finder tool to compare Part D plans?

—Grace (Richmond, VA)



Dear Grace,

Yes, it is true that you can make changes to your coverage, including your Part D plan, during Fall Open Enrollment, which spans October 15 through December 7 of each year. Changes made during Fall Open Enrollment will be effective January 1 of the following year. Part D plans may change their costs and formularies (list of covered drugs) from year-to-year, so it is important to review your current plan and Annual Notice of Change to learn if your premium, deductible, or cost-sharing will change and whether your drugs will still be covered next year.

Medicare Plan Finder is an online tool at [www.medicare.gov](http://www.medicare.gov) that can be used to compare stand-alone Part D plans or Medicare Ad-

vantage Plans. Plan Finder provides information about costs, which drugs are included on the plan's formulary, and the star rating of the plan.

To use Plan Finder, follow these steps:

Go to [www.medicare.gov](http://www.medicare.gov) and click on the button that says "Find 2021 Health and Drug Plans."

- You can do a general search by clicking the "Continue Without Logging In" button. If you wish to save your results and information, you can log in using your MyMedicare account.
- Next, you can choose whether you are looking for a Medicare Advantage or Part D plan and enter your zip code.
- Then you can enter the drugs you take, choose the pharmacies you use, and indicate whether you are interested in a mail order option.

Plan Finder will display results for plans in your area. Note that a plan may not cover all of the drugs you take, but it may have alternatives on its formulary. Speak to your provider about whether these alternatives would be appropriate for you. Plan Finder also tells you if the plan has a deductible and how much the monthly premium is.

Initially, the plans will be sorted by "lowest drug + premium costs." This is the closest estimate to what you may pay out of pocket for your Part D coverage for the year. You can select "Plan Details" to find out more

# Activities Canceled until Spring

specifics about coverage, including any coverage restrictions that might apply to your drugs.

Before enrolling, it is a good idea to call the plan directly to confirm any information you read on Plan Finder, as information may not be completely up-to-date. You can enroll in a plan online, by calling 1-800-MEDICARE, or by calling the plan directly.

You can make as many changes as you want between October 15 and December 7, but only the last change you make will take effect on January 1. If you choose a plan and realize that it is the wrong plan after Fall Open Enrollment is over, in most cases you will not be able to change your coverage until the next Fall Open Enrollment Period. For this reason, it is important to carefully consider all of your options and take the time to research each

plan in order to make a decision that fits your health care needs.

—Marci

## Activities Canceled until Spring

With the inability to continue outside activities due to the cold weather, the Activities Program is being put on hold until Spring. If Gov. DeWine decides we are able to open our doors at a later date, without restrictions, it will then be determined when our Activities Program will restart.

Any questions or suggestions an individual may have regarding the Activities Program can be directed to the Council on Aging at 419-562-3050, option 4. All inquiries will be given to Courtney Moody, Activities Coordinator, so she's better able to serve the seniors when Activities restart in the Spring.

**Heartland** 

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# Veterans Day

## **5 Facts to know about Veterans Day**

*Exact wording from the US Dept. of Defense*

Veterans Day is a well-known American holiday, but there are a few misconceptions about it.

1. “Veterans Day” does not have an apostrophe. A lot of people think it’s “Veteran’s Day” or “Veterans’ Day,” but they’re wrong. The holiday is not a day that “belongs” to one veteran or multiple veterans, which is what an apostrophe implies. It’s a day for honoring all veterans — so no apostrophe needed.
2. Veterans Day is not the same as Memorial Day. Memorial Day is a time to remember those who gave their lives for our country, particularly in battle or from wounds they suffered in battle. Veterans Day honors all of those who have served the country in war or peace — dead or alive — although it’s largely intended to thank living veterans for their sacrifices.
3. It was originally called Armistice Day, commemorating the end of WWI. Nov. 11, 1918 was largely considered the end of “the war to end all wars” and dubbed Armistice Day. In 1926, Congress officially recognized it as the end of the war and in 1938 it became an official holiday. But then WWII and the Korean War happened so in 1954 Congress amended the commemoration to change “armistice” to “veterans” so the day would honor American veterans of all wars. Congress signed the Uniform Holiday Bill in 1968 to ensure that a few federal holidays — Veterans Day included — would be celebrated on a Monday. Officials hoped it would spur travel and other family activities over a long weekend, which would stimulate the economy.
4. For some inexplicable reason, the bill set Veterans Day commemorations for the fourth Monday of every October. On Oct. 25, 1971, the first Veterans Day under this new bill was held. We’re not sure why it took three years to implement, but not surprisingly, there was a lot of confusion about the change, and many states were unhappy, choosing to continue to recognize the day as they previously had — in November. Within a few years, it became pretty apparent that most U.S. citizens wanted to celebrate Veterans Day on Nov. 11, since it was a matter of historic and patriotic significance. So on Sept. 20, 1975, President Gerald Ford signed another law (Public Law 94-97), which returned the annual observance to its original date starting in 1978.
5. Other countries celebrate it, too, in their own ways. World War I was a multinational effort, so it makes sense that our allies also wanted to celebrate their veterans on Nov. 11. Canada and Australia both call Nov. 11 “Remembrance Day.” Canada celebrates similar to us, except many citizens wear red poppy flowers to honor their war dead. In Australia, the day is more akin to our Memorial Day. Great Britain calls it “Remembrance Day,” too, but observes it on the Sunday closest to Nov. 11 with parades, services and two minutes of silence in London to honor those who lost their lives in war.



# Activities

Due to temperatures and weather conditions, we will not have any more outdoor activities until spring.

Our remaining activities for 2020 are:

## **Veterans Day drive-thru**

10-10:30 a.m. Nov. 11

Just like our Autumn Delight drive-thru last month, we will treat you with some free goodies! Come by the COA between 10 and 10:30 a.m. We will hand out coffee, hot chocolate, popcorn, doughnuts and patriotic pins. All items are while supplies last. No sign up needed. This treats drive-thru is open to all seniors.

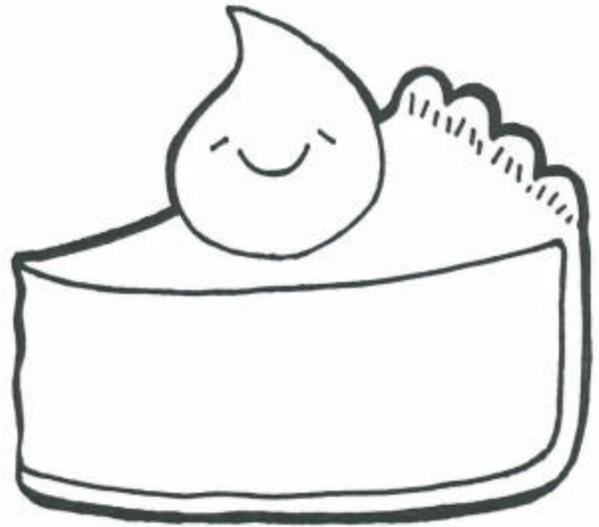
## **Take-home holiday packets**

Pick up Nov. 16 and 17

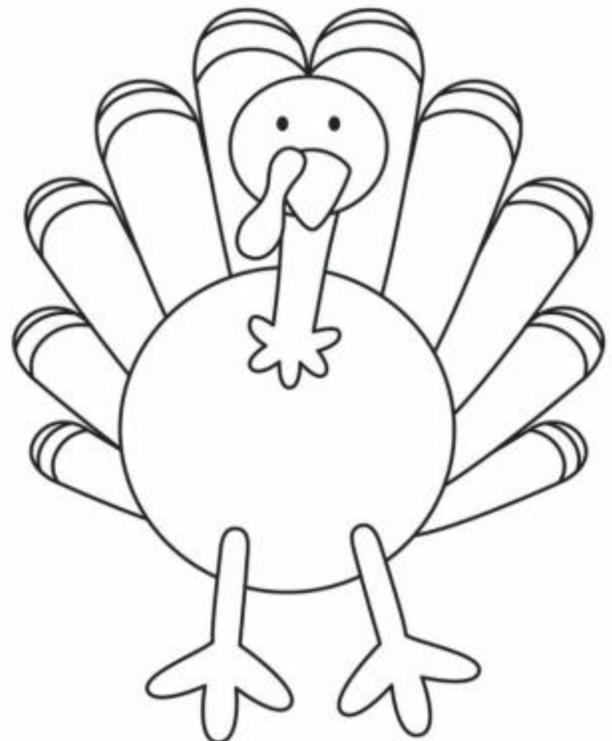
Sign up is REQUIRED to receive a packet. Sign up by Nov. 12. Packets may be picked up at the COA between 1 and 3 p.m. Nov. 16 and 17. Pull up outside the entrance and honk if no one is outside and someone will bring your packet to you. Packets contain multiple crafts, activity printouts and treats.

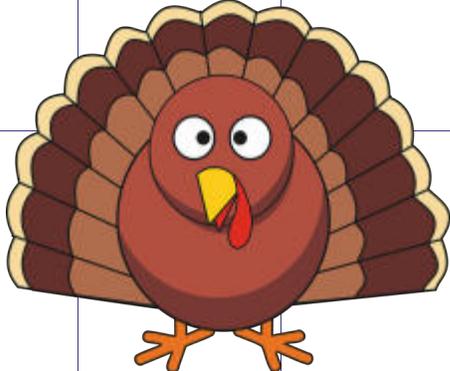
Activities will resume next spring when Courtney is back from maternity leave. Depending on the COVID situation, activities may begin outdoors. Thank you for attending our outdoor programming. We plan to continue some outside activities regardless of open status—like the animal visits!

you are my



SWEETIE PIE



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9		11 Veterans Day drive- thru treats 10-10:30	12	13	14
15	16 Pick up packets 1-3	17 Pick up packets 1-3	18	19	20	21
22	23	24	25	26 Happy Thanksgiving	27	28
29	30					
						

Monday	Tuesday	Wednesday	Thursday	Friday
2. Chicken Leg <b>OR</b> Southern Pork Chop Peas & Carrots Broccoli Grape Juice	3. Beef & Noodles <b>OR</b> Turkey Pot Roast Baked Apples California Blend Tropical Fruit	4. Turkey Burger <b>OR</b> Spicy Chicken Patty Tomato/Lettuce Italian Green Beans Banana	5. Chicken Broccoli Alfredo <b>OR</b> Meat Lasagna Capri Vegetables Cheesy Broccoli Fruit Punch	6. Cheese Quesadilla <b>OR</b> Chicken Egg Rolls Zucchini Baked Apples Rice
9. Grilled Chicken Bites <b>OR</b> Pork Fritter Baked Potato Brussel Sprouts Tropical Fruit	10. Pork Chop <b>OR</b> Meatloaf Mixed Vegetables Mashed Potatoes & Gravy Fruit Punch	11. Sloppy Joe <b>OR</b> Sloppy Jack Green Cabbage Seasoned Potatoes Pineapple	12. Peppered Steak <b>OR</b> New Orleans Chicken Stir Fry Vegetables Rice	13. Taco Soup <b>OR</b> Chicken Tortilla Soup Corn Chips Triple Bean Salad Tossed Salad
16. Turkey Meatballs <b>OR</b> Grilled Chicken Peas Cauliflower Apple Juice	17. Mini Pancake Wraps <b>OR</b> Turkey Sausage Baked Apples Redskin Potatoes Orange	18. Sliced Beef <b>OR</b> Shredded Chicken Zucchini Peach Crisp Fruit Juice	19. Chicken Cavatappi Pasta <b>OR</b> Marzetti Peas & Onions Cheesy Broccoli Banana	20. Egg Salad <b>OR</b> Strawberry PB&J Pineapple Applesauce
23. Crispy Chicken Sandwich <b>OR</b> Hamburger Patty Peas & Onions Coined Carrots Juice	24. Turkey, Bacon & Egg Breakfast Pizza <b>OR</b> Sausage/Gravy Breakfast Pizza Baked Apples Redskin Potatoes Muffin	25. Stuffed Ham <b>OR</b> Stuffed Turkey Maple Sweet Potatoes Fruit & Jell-O Cranberry Juice Roll	26. <b>CLOSED— HAVE A SAFE THANKSGIVING!</b>	27. <b>CLOSED— HAVE A SAFE THANKSGIVING!</b>
30. Salisbury Steak <b>OR</b> Chicken Fried Steak Green Beans Yellow Squash Orange Juice			<b>To Receive Your Meal You Must Be Home At Time Of Delivery.</b>	<b>Menu Subject To Change At Anytime Without Notice.</b>

# Word Scramble

Can you unscramble these holiday words?

MGLIPRI \_\_\_\_\_

GARUDTEIT \_\_\_\_\_

NITDARTIO \_\_\_\_\_

GIFFSTUN \_\_\_\_\_

BOWNISEH \_\_\_\_\_

TOQANUS \_\_\_\_\_

YAMWEROLF \_\_\_\_\_

SSACELEOR  
\_\_\_\_\_

LUFKNAHT  
\_\_\_\_\_

REESTSTL  
\_\_\_\_\_



Answers on Page 9.



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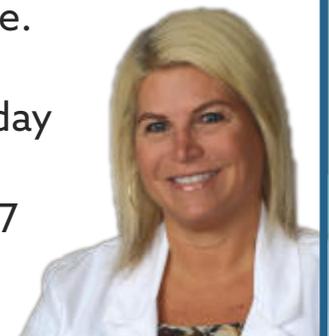
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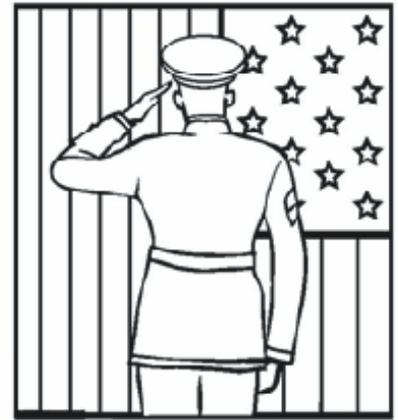




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**Word scramble answers:** (From page 8.) Pilgrim, Gratitude, Tradition, Stuffing, Wishbone, Squanto, Mayflower, Casserole, Thankful, Settlers.

# VETERANS DAY WORD SEARCH



T R O O P S E C V W E H P A T R I O T X  
 E V C O M M E M O R A T E K F X E D Z V  
 W S K E Y W M O S N A M E R I C A N F B  
 K L W E A V O I T H A N K S O I H C P M  
 S B N V E T E R A N S E G B Y E Y Z Z Y  
 X O F O P B N E L P A R A D E S S Z M M  
 G L L X V S S P N D Q O I X E J B K I E  
 R I A D N E H H L D W G C F K U R O L D  
 A N G M I V M H M X T A A D V S E R I A  
 T F S A L E T B Z I C U R B W A S E T L  
 I A J R I M R R E D N X N S K L P A A S  
 T N O I X X N S S R A I H Q Y U E N R H  
 U T B N Z H A Y B W V C Q O U T C W Y O  
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 E Y S S A X I W V I E T N A M W A R A O  
 N A T I O N A L G U A R D P J Q J Y L R

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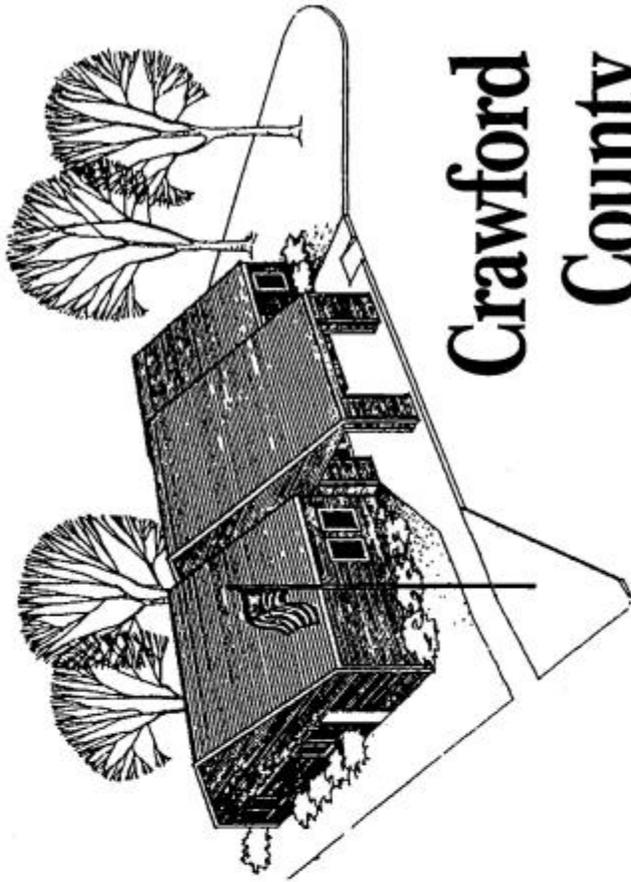
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