

# Activities

# JANUARY 2025

Mon	Tue	Wed	Thu	Fri
		<p>1 <b>CLOSED</b></p> 	2	<p>3</p> <p><b>No Fitness</b></p> <p><b>NAMI Program &amp; Craft</b> 12:30 p.m.</p>
<p>6</p> <p><b>Senior Fitness</b> 10 a.m.</p>	<p>7</p> <p><b>Coloring &amp; Coffee</b> 10 to 11:30 a.m.</p> <p><b>Members Tutorial</b> 1 p.m.</p>	<p>8</p> <p><b>Wood Carvers</b> 12:30 to 3 p.m.</p>	<p>9</p> <p><b>Canvas Painting</b> 12:30 to 3 p.m.</p>	<p>10</p> <p><b>Cardio Drumming</b> 10 a.m.</p> 
<p>13</p> <p><b>Senior Fitness</b> 10 a.m.</p>	<p>14</p> <p><b>Crestline Craft Day</b> at the library 1 to 3 p.m.</p>	<p>15</p> <p><b>Wood Carvers</b> 12:30 to 3 p.m.</p>	<p>16</p> <p><b>Bucyns Bingo</b> 1 to 3 p.m.</p> <p><b>Sponsored by:</b> <b>Unger Park Post Acute</b> (formerly known as Legacy)</p>	<p>17</p> <p><b>Cardio Drumming</b> 10 a.m.</p>
<p>20</p> <p><b>CLOSED</b></p> 	<p>21</p> <p><b>Crestline Bingo</b> At VFW Post 2920 1 to 3 p.m.</p> <p><b>Sponsored by:</b> <b>Devoted Health</b></p>	<p>22</p> <p><b>Wood Carvers</b> 12:30 to 3 p.m.</p>	<p>23</p> <p><b>Try It Day!</b> 2 p.m.</p>	<p>24</p> <p><b>Cardio Drumming</b> 10 a.m.</p> <p><b>Crafty Companions</b> 1 to 3 p.m.</p>
<p>27</p> <p><b>Senior Fitness</b> 10 a.m.</p>	<p>28</p> <p><b>Birthday Celebration</b> 1 p.m.</p> <p><b>Sponsored by:</b> <b>Kingston Residence of Marion</b></p>	<p>29</p> <p><b>Wood Carvers</b> 12:30 to 3 p.m.</p>	<p>30</p> <p><b>Bring a Friend Social</b> 2 p.m.</p> 	<p>31</p> <p><b>Cardio Drumming</b> 10 a.m.</p>