

Did You Know?

Activities Membership

Beginning August 2021, the Crawford County Council on Aging is offering memberships to participate in Activities. Members receive discounts on activities that require a fee and other perks throughout the year. This is an annual, rolling membership. Memberships are for 12-months, and renewal is needed 12 months after original purchase.

Memberships are available to senior citizens 55 and older. Membership fees are \$30 for single/individual and \$55 for a married couple applying together. Fees benefit the Activities Department, which is a self-funded program. No refunds or partial refunds will be accepted.

Why are we adding memberships?

Many senior centers in our district offer memberships. Membership fees give the Activities Department funds in advance of events and allow us to purchase needed supplies. Memberships also save seniors money over time by offering more in discounts and benefits than the cost of a membership.

Can non-members still attend activities?

YES! This is your “Community Senior Center!” The center is open to both members and guests (non-members) and both may attend activities! However, some activities may have specific member benefits such as discounts, early sign-up opportunities or an annual members-only activity or trip.

For more information about current activities, registration, & fees:

Go to Our Senior Space to sign up for activities:

<https://ourseniorspace.com/businesses/337/public>

Go to We Share to see events & donation options:

<https://crawfordcountyaging.weshareonline.org/>

Ask to sign up for our monthly Senior Tidings newsletter:

<https://crawfordcountyaging.weshareonline.org/>

Did you know? The Crawford County Council on Aging is **NOT** a government agency, but a private non-profit organization that relies heavily on federal funding. The CCCOA receives federal funding through the Older Americans Act which must be matched with local funds. Local funding comes from the Senior Services Levy, clients, organizations, churches, and private donors which allows us to provide services to older adults by helping them to remain independent in their homes and communities as health and function decline.

Our services make a big difference for families caring for older loved ones. And for those seniors who have no family near by, it makes a difference in their quality of life. The Council on Aging provides the following services: **Home Delivered Meals, Congregate Meals, Transportation, Homemaker, Personal Care, Information & Referral, Legal Aid Services, Medicare Assistance.**

To be eligible, clients must live in Crawford County, be 60 and older, and unable to perform certain daily activities without needing help. Services are flexible and can increase and decrease as a client's needs change. Caregivers may also call to inquire about services at 419-562-3050.

Activities

ANNOUNCEMENTS: To sign up for an activity, call 419-562-3050 Opt. 4. Remember to check in at our Senior Space kiosk in the lobby prior to your activity or congregating meal. Some activities have a suggested donation or specified cost. The activities program runs on donations and fundraising. Membership benefits begin this month. If an activity has applicable member benefits, those benefits will be listed in the activity description.

Chair Yoga

9:30 a.m. Aug. 2, 16 and 30

This class includes some standing positions and requires an exercise waiver. Chair yoga can help improve core strength and balance, increase flexibility and promote mobility. FREE.

Euchre

12:30-3 p.m. Mondays

Come play euchre after lunch. A group plays at the small round tables in the lobby. No sign up needed.

Scrapbook

9:30-10:45 a.m. Aug. 4

Bring your photos and supplies, or use supplies we have here, to work on your scrapbook. FREE.

Membership Presentation

11 a.m. Aug. 4

Join Cassie and Courtney for this quick overview of our new COA memberships. Membership benefits begin this month.

Senior Walking Club

8:30 a.m. Thursdays at Aumiller Park

Meet at the Friendship Shelter. Distance varies but is usually around 2 miles. Easy terrain. New attendees should call Courtney at 419-562-3050.

Free Craft Friday

10-11 a.m. Aug. 6

Decorate a paper picture frame. Yellow flared rectangles and pink heart shapes available. Some stickers, adhesive decorations and ribbon available to use. Bring a 4x6 picture to be taped to the frame. Adhesive magnet pieces will be put on the back so you can show off your picture on your fridge at home. Sign up required as supplies are limited.

Grief Support Group

11:30 a.m. Aug. 10 at Bob Evans

Everyone has experienced loss in this life, whether it be loss of a spouse, a loved one, a job, a pet or loss of independence. You don't have to walk this path alone. Join us for a grief support group led by our social worker Janell Croneis, MSW, LISW-S. The group will meet at Bob Evans, 1517 N. Sandusky Ave., Bucyrus. Call Janell to RSVP: 419-562-3050 ext. 234. Attendees pay for their own food.

Pipe Organ Concert & Ice Cream Social

1 p.m. Aug. 11 in Galion

Come visit the Historic Grace Church in Galion and listen to beautiful music from its H.D. Blanchard Pipe Organ. Following the music, we will have an ice cream social at the church. Meet at the church, located at 126 W. Walnut Street, Galion, across from Brownella Cottage. Those attending will be entered to win a DK's Drive-In gift card! Ice Cream cost: donation

Movie & Peanuts

1 p.m. Aug. 12

Celebrate World Elephant Day with us! We will be watching a Disney Nature documentary about Elephants, narrated by Meghan, The Duchess of Sussex. The film follows African elephant Shani and her 1-year-old son Jomo as they set out on an epic journey with their herd traveling hundreds of miles across the vast Kalahari Desert. Shani and her fami-

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ly are among the last elephants on the planet to make these lengthy migrations. During the film, we will snack on peanuts and circus peanuts. FREE.

Bingo & Hot Dog Bar

1 p.m.-3 p.m. Aug. 17

Bingo will take place from 2 to 3 p.m. Prizes are sponsored by Kindred Hospice and Cindy Jeffries will, volunteer coordinator with KH, will be here to help. Prior to bingo, we will offer a hot dog bar. Hot dogs and choice of toppings will be available for \$1 each; chips and drinks at an additional cost. **Members** receive a free drink with hot dog purchase. Reservations for hot dog bar are encouraged.

COA Brat Fest Celebration

1 p.m. Aug. 20

It's bratwurst time! We will offer bratwurst, chips and a drink for \$4. Pre-order meal by Aug. 11. We will also host accordion players Wayne Golob and Anthony Culkar. Cool down with an ice cream sundae. Ice cream cost: \$2; Members: \$1.

Southern Week

Each month, we are planning a theme week.

Harvey & Friends

2-3 p.m. Aug. 23

The band is back! Come join us for some country and bluegrass tunes! FREE.

Cardmaking for Caitlin's Smiles

9:30-11 a.m. Aug. 24

Caitlin's Smiles is a program to help children with chronic and life-threatening illnesses by giving them hope, laughs and smiles. We will be making cards to donate to this program. FREE.

Breakfast & a Movie

9 a.m. Aug. 25

We will watch an epic Southern romance drama starring Ryan Gosling and Rachel McAdams and enjoy some breakfast! Sign up is required. Break-

fast: \$3 **Members:** \$1.50

Canvas Painting

12:45-3 p.m. Aug. 26

We will follow a video tutorial to create a beautiful wildflower painting using acrylic paint and white canvas. All supplies are provided. No experience needed. Volunteers to help are wanted! Painting class: \$8 **Members:** \$4. Sign up is required.

Southern Social

2-3 p.m. Aug. 27

Let's get together, y'all! This social will feature a variety of Southern appetizers and desserts. Cost to attend is \$5 and includes food and an entry to win a prize! Sign up and payment is required by Aug. 23.

Crestline Bingo

2-3 p.m. Aug. 25

Bingo will take place at the Crestline Community Center, across from the fire department. All supplies will be provided. Free to play! Win prizes! Sign up is required.

Crochet Circle

1:30-3 p.m. Aug. 30

Crocheters, knitters and handcrafters are welcome to join this circle. Bring your own supplies and project and chat with other crafters. FREE.

New Washington Bingo

2-3 p.m. Aug. 31

We need seniors from New Washington to participate! Free to play! Win prizes! All supplies provided. Sign up is required. We need at least 10 players to have the game.

**Total member savings this month:
\$7.00**

It pays to be a member! Memberships are \$30 per year—that's just \$2.50 per month! *Membership must be paid in full at time of purchase.