

# Activities

## SEPTEMBER 2019

Mon	Tue	Wed	Thu	Fri
<p>2</p> 	3	<p>4 <i>Out to Breakfast</i> 9-11 * <i>Dominoes</i> 12:30-3 <i>Wood Carving</i> 1-3</p>	<p>5 <i>Donuts and a Movie</i> 9:30-11:30 *</p>	<p>6 <i>Card Making for Caitlin's Smiles</i> 9-10:30 * <i>"Brand New Deck" Card Group</i> 1-3</p>
<p>9 <i>Medicare Check Up Day</i> 10-11  <i>Essentials Bingo</i> 1-2</p>	<p>10 <i>Exercises for Balance</i> 10:30-11:00 *  <i>Blood Pressure Checks</i> 11-12  <i>Grandfamily Support Group</i> 2-3</p>	<p>11 <i>Grief Support Group Lunch Bunch at Bob Evans</i> 11:30-1 <i>Dominoes</i> 12:30-3 <i>Wood Carving</i> 1-3 <i>Alzheimer's Caregiver Support Group at BPL</i> 3-4 *</p>	12	<p>13 <i>"Brand New Deck" Card Group</i> 1-3</p>
<p>16 <i>Gardening</i> 9-9:30  <i>Pizza and a Movie</i> 1-3 *</p>	<p>17 <i>Food for Thought (R.S.V.P. by 9/12)</i> 9:30-10:30 * <i>Fabric, Fiber, and Fun</i> 7-9</p>	<p>18 <i>Dominoes</i> 12:30-3 <i>Wood Carving</i> 1-3</p>	<p>19 <i>Hot Dog Bar</i> 1-2 * <i>Senior Bingo</i> 2-3 <i>Ice Cream Social</i> 3-3:30 *</p>	<p>20 <i>"Brand New Deck" Card Group</i> 1-3 <i>Harvey and Friends (Live Music)</i> 1-3 *</p>
<p>23 <i>Mile Walk for National Fall Prevention Day</i> 9-10 * <i>Trivia Contest</i> 11-11:30 <i>Painting Class (R.S.V.P. by 9/12)</i> 1-4 *</p>	<p>24 <i>Exercises for Balance</i> 10:30-11:00 *  <i>Tech Time (by appointment)</i> 12:30-2:30 *</p>	<p>25 <i>Dominoes</i> 12:30-3 <i>Wood Carving</i> 1-3 <i>Fibromyalgia and Sjogren's Syndrome Support Group</i> 2-3</p>	<p>26</p>	<p>27 <i>Chair Yoga</i> 10:30-11 * <i>Movie and Popcorn</i> 1-3 <i>"Brand New Deck" Card Group</i> 1-3</p>
<p>30 <i>Crestline Trip</i> 10-3 *</p>		<p>Sign-up sheets available for Activities on September 3rd. Make your reservations ASAP! Spots fill up quickly! You may call or walk-in to sign up for activities. Ask for <u>Candy Yocum</u>, Activities Coordinator, 419-562-3050, option 4.</p>		