

Upcoming Events

Flu Shots

November 12, 9:00 a.m.-4:00 p.m.
(by appointment only)

Cari from Avita will be here doing flu shots. Please call (419) 562-3050, option 4 to set up an appointment. Please bring your insurance card with you to the appointment.

Veteran's Day Luncheon

Orchard Park will be hosting a free luncheon for Veterans on Friday, November 8th. Veteran recognition begins at 11:30 a.m. and will be followed by lunch. Lunch will be spaghetti, salad, breadsticks, and cheesecake. Orchard Park is located at 500 Wedgewood Court in Bucyrus. Please R.S.V.P. by November 3rd by calling (419) 562-6080

Thanksgiving Dinner

November 21, 1:00-3:00 p.m.

Don't forget! If you signed up for the Second Annual Crawford County Council on Aging Senior Thanksgiving Dinner, it's located at Trillium Event Center, 1650 E. Southern Ave., Bucyrus.

The meal includes turkey, ham, mashed potatoes, stuffing, gravy, green bean casserole, cranberry salad, dinner roll, pumpkin or apple pie, and a drink. The meal is being catered by Special Occasions catering and paid for with a generous donation from the Cathcart Family. Deadline to schedule transportation is November 15th. **Please remember to bring your ticket with you to the dinner!** Only individuals with a ticket will be able to attend the dinner. The 200 tickets for this meal are already reserved.

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14-1553

Activities

Chair Yoga *

November 1, 10:30 a.m.-11:00 a.m.

Join Candy for this class that helps relieve stress while improving strength and flexibility. Reservations are recommended.

Essentials Bingo

November 4, 1:00 p.m.-2:00 p.m.

Enjoy Bingo while winning household essentials such as toiletries and cleaning supplies. Sponsored by the Crawford County Council on Aging. **Free.**

Blood Pressure Checks

November 5, 11:00 a.m.-12:00 p.m.

Cambridge Home Health will check your blood pressure for **free.**

Harvey and Friends Live Music *

November 6, 1:00 p.m.-3:00 p.m.

Join us for some great live music! Harvey and his friends will be performing old country, rockabilly, and other types of music here at the C.C.C.O.A. Harvey and his friends performed here last month and we all had a great time! This event is free, but donations are appreciated to cover the band's travel costs.

Movie & Popcorn

November 7, 1:00 p.m.-3:00 p.m.

Enjoy a movie and free popcorn. **Free. (Movie is posted at the C.C.C.O.A.).**

Pizza and a Movie *

November 14, 1:00 p.m.-3:00 p.m.

Enjoy a movie and popcorn on us! Pizza will also be provided. Reservations are required. **(Movies are posted at the C.C.C.O.A.).** Please **R.S.V.P.** Donations are appreciated.

Pine Cone Turkey *

November 18, 2:00 p.m.-3:00 p.m.

Marilyn S. will be here volunteering and showing you how to make pine cone turkeys. Reservations are required and limited to 12. **Cost:** \$2 for supplies.

Food for Thought *

November 19, 9:30 a.m.

Rise and shine and learn! Food for Thought for November will include 2 biscuits with sausage gravy, a small cheese omelet, juice, and coffee—all for **\$3.** Rebecca Wilden, Assistant Director of the Bucyrus Public Library, will be our speaker. She will be talking about programs available at the library currently and new things that will be happening in the coming year. Please **R.S.V.P.** by November 15 for this program if you would like to attend. **Cost:** \$3 to cover cost of the breakfast

Artist Trading Card Group *

November 19, 1:00 p.m.-3:00 p.m.

Join Mona to create, trade, and collect miniature trading card art! Each month will have a different theme. This month's theme will be fall. Feel free to bring your own supplies. Class is \$1 if you bring your own supplies, \$2 if you use one of the kits here. For more information on this group please call (419) 562-3050, option 4. Reservations are required.

Fabrics, Fiber, and Fun

November 19, 7:00 p.m.

This group gathers together to share (quilting, sewing, various) projects and talent the third Tuesday of every month from 7-9 p.m. The annual cost to join Fabrics, Fiber, and Fun is a \$20 membership fee. Feel free to join us for a meeting to see if you enjoy it.

Activities

Card Making for Caitlin's Smiles *

November 22, 9:00 a.m.-10:30 a.m.

Caitlin's Smiles is a program to help children with chronic and life-threatening illnesses by giving them hope, laughs, and smiles. We will be making cards to donate to this program to deliver to these children. **Free.**

Trivia Contest

November 25, 11:00 a.m.-11:30 a.m.

Do you like trivia? The winner of this educational contest receives a gift certificate provided by McDonald's. **Free.**

Painting Class *

November 25, 1:00 p.m.-4:00 p.m.

(R.S.V.P. by 11/18)

Class size is limited. **Cost:** \$5 donation encouraged. Reservations are required.

Hot Dog Bar *

November 26, 1:00 p.m.

Come enjoy a hot dog with all of the fixings! Reservations are required. **Cost:** Each hot dog is \$1, chips and soda will be available for an additional cost.

Senior Bingo

November 26, 2:00 p.m.-3:00 p.m.

Community members ages 55 and over are welcome to participate in this Bingo. November's Bingo is sponsored by Carlisle Place. **Free.**

Ice Cream Social *

November 26, 3:00 p.m.-3:30 p.m.

Join us for an ice cream sundae while visiting with other seniors in the community. **Cost:** \$1 donation recommended. Reservations are required.

Donuts and a Movie *

November 27, 9:30 a.m.-11:30 a.m.

Start your morning right with a donut, coffee, and a movie. **(Movies are posted at the C.C.C.O.A.).** Please R.S.V.P. **Free.**

Wood Carving

Wednesdays, 1:00 p.m.-3:00 p.m.

Bring in your wood carving project and supplies for this group that meets weekly to talk about the craft while working on their own projects. **Free.**

"A Brand New Deck" Card Group

Fridays, 1:00 p.m.-3:00 p.m.

This group will gather in our front lobby to play euchre. Please join us and invite your friends!

Senior Christmas Party:

Reservations available starting December 2nd



LET'S CELEBRATE!
SENIOR CHRISTMAS PARTY
December 17
1:00PM
LIVE MUSIC & LUNCH
RSVP BY CALLING (419) 562-3050, OPTION 4 BY 12/10
AT THE CRAWFORD COUNTY COUNCIL ON AGING
Reservations are limited and available starting December 2nd.

\$5 per guest

Reservations are limited and available starting December 2nd.

Some events have limited reservations. To make a reservation or if you have any questions, you may call (419)562-3050, option 4 or stop in the center. Some activities encourage a small donation to participate; when traveling, we require an entrance fee to a place we are visiting and you must pay for your own lunch. Reservation will be available November 1.

Programs

Update: Grand Family Support Group & Alzheimer's Association Caregiver Support Group

The Grand Family Support Group held at the Crawford County Council on Aging on the second Tuesday of the month and the Alzheimer's Association Caregiver Support Group normally scheduled on the second Wednesday of the month at the Bucyrus Public Library are currently on hold until early next year. If you have any questions about either group you can contact Candy at (419) 562-3050.

Grief Support Group

November 20, 3:00 p.m.

Everyone has experienced a loss in this life, whether it be the loss of a spouse, a loved one, a job, loss of

a pet, or loss of independence- adjusting to the new reality is tough. You don't have to walk alone. This group will be led by our social worker Janell Croneis, MSW, LISW-S. Please call Janell at (419) 562-3050 to R.S.V.P. if you would like to attend. There will be no Grief Support Group Lunch Bunch at Bob Evan's for the months of November and December.


Fibromyalgia & Sjogren's Syndrome Support Group

November 27, 2:00 p.m.

This group will meet monthly on the fourth Wednesday of every month at the C.C.C.O.A.. This group will provide support, education, and the opportunity to meet others that are going through the same experiences.



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Lisa Rock in A Carpenter's Christmas
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