

Monthly Menu May 2020

Crawford County Council on Aging Meals provide 1/2 of the Recommended Daily Allowance (RDA) for adults age 60 and older
MENUS APPROVED BY: Licensed Dietician



If you need to cancel, please call 419-562-3050, option 2 any day before your scheduled delivery or no later than 8am the day of delivery.

Contact Home Delivered Meals or Nutrition Department by calling 419-562-3050, option 2.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>To Receive Your Meal You Must Be Home At Time Of Delivery.</p>	<p>Menu Subject To Change At Anytime Without Notice.</p>			<p>1.Taco Soup <u>OR</u> Chicken Tortilla Soup Tossed Salad Apple Juice Corn Chips</p>
<p>4.Popcorn Chicken <u>OR</u> Chipped Beef Mashed Potatoes Corn Banana Graham Cracker</p>	<p>5.Meatloaf <u>OR</u> Southern Pork Chop Prince Charles Vegetables Baked Potato</p>	<p>6.Mini Pancake Sausage Bites <u>OR</u> Turkey Sausage McMuffin Baked Apples Redskin Potatoes Orange</p>	<p>7.Sliced Pork <u>OR</u> Sliced Turkey Green Beans Mashed Potatoes Pears & Blueberries Graham Cracker</p>	<p>8.Beef Vegetable Soup <u>OR</u> Chili Soup Tossed Salad Fruit Salad Apple Juice Ranch Dressing</p>
<p>11.Turkey Meatballs <u>OR</u> Grilled Chicken Breast Peas Cauliflower Apple Juice</p>	<p>12.Chicken Leg <u>OR</u> Meatloaf Baked Potato Italian Green Beans Cereal Bar Fresh Orange</p>	<p>13.Hotdog <u>OR</u> Bratwurst Baked Beans Coleslaw Fresh Cantaloupe</p>	<p>14.Egg Omelet <u>OR</u> Turkey Sausage Hash Browns Peaches Pancakes Orange Juice</p>	<p>15.Sausage Pizza <u>OR</u> Mozzarella Pizza Tossed Salad Tropical Fruit Ranch Dressing</p>
<p>18.Grilled Chicken Bites <u>OR</u> Pork Fritter Baked Potato Brussel Sprouts Tropical Fruit</p>	<p>19.Sloppy Joe <u>OR</u> Sloppy Jack Green Cabbage Seasoned Potatoes Pineapple</p>	<p>20.Cheese Ravioli <u>OR</u> Spaghetti Cheesy Broccoli Mandarin Oranges</p>	<p>21.Stuffed Pepper <u>OR</u> Orange Chicken Rice Brussel Sprouts Corn Pineapple</p>	<p>22.Turkey/Cheese Sandwich <u>OR</u> Bologna/Cheese Sandwich Tomato Soup Three Bean Salad Watermelon</p>
<p>25.CLOSED IN OBSERVANCE OF MEMORIAL DAY.</p>	<p>26.Salisbury Steak <u>OR</u> Country Fried Steak Green Beans Mashed Potatoes Pears & Blueberries Graham Cracker</p>	<p>27.Shredded Chicken <u>OR</u> Sliced Beef Peas & Onions Peach Crisp Apple Juice</p>	<p>28.Chicken & Noodles <u>OR</u> Beef & Noodles Brussel Sprouts Corn Banana</p>	<p>29.Chicken Taco <u>OR</u> Beef Taco Lettuce/Tomato Tropical Fruit Corn Chips</p>