


# Activities

# MARCH 2019

Mon	Tue	Wed	Thu	Fri
<p><b>Events with an * require a reservation.</b> Some events have limited reservations. To make a reservation or for more information, you may call (419) 562-3050, option 4 and ask for Candy or stop in the Center to sign up for events. Reservations will be available March 1. Some activities encourage a small donation to participate.</p>				<p>1 <b>Alzheimer's Association Care Consultations (by appointment)</b> 10- 1*</p>
<p>4 <b>Essentials Bingo</b> 1-2</p>	<p>5 <b>Exercises for Balance</b> 10:30-11:00 * <b>Blood Pressure Checks</b> 11-12</p>	<p>6 <b>Grief Support Group -Lunch Bunch at LuLu's</b> 11:30-1 * <b>Dominoes</b> 12:30-3 <b>Wood Carving</b> 1-3</p>	<p>7 <b>Out to Breakfast</b> 9-11 * <b>Movie and Popcorn</b> 1:30-3:30</p>	<p>8 <b>Scrapbooking</b> 9-10 * <b>Chair Yoga</b> 10:30-11 * <b>Board Games</b> 12:30-2:30</p>
<p>11 <b>St. Patrick's Day Wreath</b> 12:30-2:30 *</p>	<p>12 <b>Food for Thought</b> 9-10 * Heartland  <b>St. Patrick's Day Party</b> 2-3 *</p>	<p>13 <b>Cupcake Decorating</b> 10-11* <b>Dominoes</b> 12:30-3 <b>Wood Carving</b> 1-3  <b>Alzheimer's Care-giver Support Group at BPL</b> 2-3</p>	<p>14 <b>Movie and Donuts</b> 9:30-11:30 *  <b>Grand Families Support Group</b> 2-3 *</p>	<p>15 <b>Chair Yoga</b> 10:30-11 * <b>Rescued Rollers Wheelchairs for Dogs</b> 1-2 *</p>
<p>18 <b>Trivia Contest</b> 11-11:30  <b>Painting Class (R.S.V.P. by 3/11)</b> 1-4 *</p>	<p>19<b>Exercises for Balance</b> 10:30-11:00 * <b>Movie and Popcorn</b> 1:30-3:30 <b>Fabric, Fiber &amp; Fun</b> 6-9</p>	<p>20 <b>Dominoes</b> 12:30-3 <b>Wood Carving</b> 1-3 <b>Matter of Balance</b> 12:30-1:30 * <b>Grief Support Group</b> 3-4 *</p>	<p>21 <b>Hot Dog Bar</b> 1-2 * <b>Senior Bingo</b> 2-3 <b>Ice Cream Social</b> 3-3:30 *</p>	<p>22 <b>Chair Yoga</b> 10:30-11 * <b>Tech Time (by appointment)</b> 12:30-2:30*</p>
<p>25 <b>International Waffle Day</b> 9-10 *</p>	<p>26 <b>Exercises for Balance</b> 10:30-11:00 *  <b>Pizza and a Movie</b> 1-3 *</p>	<p>27 <b>Dominoes</b> 12:30-3 <b>Wood Carving</b> 1-3 <b>Matter of Balance</b> 12:30- 1:30 *</p>	<p>28 <b>Adult Coloring</b> 2-3</p>	<p>29 <b>Chair Yoga</b> 10:30-11 * <b>Out to Lunch</b> 11:30- 1:30 *</p>