

COA Information

Bratwurst Festival

The Bratwurst Festival is August 15th, 16th, and 17th. The Crawford County Council on Aging will be open from 8:30 a.m. to 5:00 p.m. the Thursday and Friday of the festival. We would like to invite seniors to stop in for a cup of coffee, water, popcorn, or just to cool off and take a break from the festival during this time. We are right down the street from the Wyandot Mutual Insurance Stage on W. Rensselaer St. The following information is the line up for the stage nearest to the Crawford County Council on Aging.

Thursday, August 15

11:00 a.m. - The "Boyd Young Opening Ceremony"- This ceremony will include a salute to veterans.

1:00 p.m. - Ken & Mary

3:00 p.m. - Junior Princess Pageant

5:00 p.m. - Princess Pageant

8:00 p.m. - Queen's Pageant

Friday, August 16

Noon - Bucyrus Nazarene Church Praise Band

5:00 p.m. - Pizza Eating Contest

8:00 p.m. - Erik Gimbel Orchestra

Saturday, August 17

Noon - New Washington Band

1:30 p.m. - OSU Alumni Band

3:00 p.m. - Richard Wiener

6:00 p.m. - Ice Cream Eating Contest

7:00 p.m. - United in Harmony

There are also two other stages (FC Bank Stage and Schines Art Park) with events, contests, and entertainment and also the OMIG Family Fun Zone. There will be rides, food vendors, shopping, and entertainers walking through the festival performing.



Golden Years Hall of Fame

Crawford County Council on Aging, Inc. is accepting nominations for the "*Crawford County Golden Years Hall of Fame*," honoring outstanding senior citizens for their distinctive service to the community. Community organizations are invited to **nominate a senior citizen who they believe make our county a better place to live.** The nominees who are chosen for recognition will be honored at the annual *Golden Years Hall of Fame Ceremony* which will be held on Thursday, October 10th, 2019, at the Crawford County Council on Aging, Bucyrus. An organization may nominate only one person per year.

Nomination forms are available at the Council on Aging or online at crawfordcountyaging.com and must be completed and returned to 200 S. Spring Street, P.O. Box 166, Bucyrus, Ohio 44820. Nomination forms can also be emailed to coa@cccoa.org. **Please be as thorough and detailed as possible when filling out the nomination form.**

The nomination forms are submitted to a selection committee, and the committee depends on completed forms being detailed and thorough when making their selection.

**Deadline for submission is
Tuesday, September 17, 2019.**



Upcoming Events & Trips

Growing Together

Bucyrus Garden and Paint Trip

August 7, 12:45 p.m.

Meet at the center to go to Sunshine Childcare and Preschool to help with the gardens, then help the children paint pictures and paint one for yourself to bring home. This program is to promote intergenerational activities. Please R.S.V.P. if you would like to attend.

Bratwurst Festival Celebration

August 15, 1:00 p.m.

Join us at the C.C.C.O.A. to celebrate the Bratwurst Festival. Mike and Larry will be here playing accordion while we serve up Carle's Bratwurst, chips, and a drink for just \$4. There will also be

door prizes from local businesses and a prize for the best Bratwurst Festival themed costume. **Reservations are required and limited.** Please call (419)562-3050, option 4 to R.S.V.P. by August 7th if you would like to attend.

Cookout and Cornhole

August 29, 1:00 p.m.

For \$4, you will get a hot dog off of the grill, baked beans, potato chips, a cookie, and a bottle of water. This cookout will be a rain or shine event (there will be spaces available to eat indoors). Following the cookout, there will be a cornhole tournament (weather permitting, will be changed to indoor board games if necessary).

Please R.S.V.P. by 8/21

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Activities

Movie & Popcorn

August 1 & 22, 1:00 p.m.-3:00 p.m.

Enjoy a movie and free popcorn. Free. (Movies are posted at the C.C.C.O.A.).

Chair Yoga

August 2 & 30, 10:30 a.m.-11:00 a.m.

Join Candy for this class that helps relieve stress while improving strength and flexibility. Reservations are recommended.

Essentials Bingo

August 5, 1:00 p.m.-2:00 p.m.

Enjoy Bingo while winning household essentials such as toiletries and cleaning supplies. Sponsored by the Crawford County Council on Aging. Free.

Exercises for Balance

August 6, 20, & 27, 10:30 a.m.-11:00 a.m.

Start your day off right with this class with Candy that will improve your balance and stamina. Reservations are recommended. Free.

Blood Pressure Checks

August 6, 11:00 a.m.-12:00 p.m.

Cambridge Home Health will check your blood pressure.

Lincoln Highway

Buy-Way Yard Sale Trip

August 8, 9:00 a.m.-11:30 a.m.

Meet at the Center to get on the bus and check out some local garage sales. Please R.S.V.P. as bus space is limited.

Hikes and Health

August 8, 1:30 p.m.-3:45 p.m.

Studies show that hiking in nature can be linked to better moods, decreased chance of depression, reduced stress levels, and improved cognitive function for seniors. Join us for this new summer program that the Crawford Park District will host. We will meet at the C.C.C.O.A. to take our bus to Unger Park and have a guided hike with a naturalist. There will be uneven terrain (rocks, tree roots on the

path), hiking up and down inclines, possible mud, and we will be walking over a mile. Please wear appropriate shoes and clothing. Also, please note that this will be strenuous. This trip will be cancelled if there is adverse weather. Please R.S.V.P. if you would like to attend – spaces are limited.

Card Making for Caitlin's Smiles

August 9, 9:00 a.m.-10:30 a.m.

Caitlin's Smiles is a program to help children with chronic and life-threatening illnesses by giving them hope, laughs, and smiles. We will be making cards to donate to this program to deliver to these children. Free.

Tech Time

August 12, 12:30 p.m.-2:30 p.m.

(30 minute classes available by appointment)

Do you need help learning how to use your smart phone, tablet, or laptop? Call to make an appointment for a one on one class. Free.

Decorating for Party

August 13, 9:00 a.m.-11:00 a.m.

It is almost time for the Bratwurst Festival! Help us decorate the C.C.C.O.A. to get ready for the town's festivities and our party on Thursday.

Alzheimer's Caregiver Support Group

August 14, 3:00 p.m.-4:00 p.m.

(at the Bucyrus Public Library)

This support group will meet in the Bucyrus Public Library basement (Kiwanis Room) every second Wednesday at 3:00 p.m. Learn about community resources while building a support system with people who understand. This is a place for caregivers, family, and friends of people with dementia to share information, needs, concerns, and to talk through issues and ways of coping. All ages are welcome.

Senior Bingo

August 15, 2:00 p.m.-3:00 p.m.

Community members ages 55 and over are welcome to participate in this Bingo sponsored by Home Care Matters for the month of August. Free.

Activities

Root Beer Floats

August 15, 3:00 p.m.- 3:30 p.m.

Join us for a free root beer float while visiting with other seniors in the community. **Cost: Free.** Reservations are required.



Movie and Donuts

August 16, 9:30 a.m.-11:30 a.m.

Start your morning right with donuts, coffee, and a movie. (Movies are posted at the C.C.C.O.A.). Please R.S.V.P. **Free.**

Friendship Bracelet Making with Wayla

August 19, 1:00 p.m.-3:00 p.m.

Wayla, our Activities Coordinator Candy's daughter and C.C.C.O.A. volunteer, will be hosting her first class. All ages are welcome – feel free to bring guests of any age. This will be a free class and you will go home with one bracelet per person.

Out to Lunch

August 20, 11:00 a.m.- 1:00 p.m.

Meet at the Center to depart on our bus. We will be dining at Los Arrieros in Bucyrus. Reservations are limited and required. Participants must pay for their own lunch.

Trivia Contest

August 26, 11:00 a.m.-11:30 a.m.

Do you like trivia? The winner of this educational contest receives a gift certificate provided by McDonald's. **Free.**

Painting Class

August 26, 1:00 p.m.-4:00 p.m.

(R.S.V.P. by 8/11)

We will be doing this fun painting of an owl. No previous painting experience necessary. All supplies are provided. Class size is limited. **Cost: \$5** donation encouraged. Reservations are required. **Free.**



Pizza and a Movie

August 27, 1:00 p.m.-3:00 p.m.

Enjoy a movie and popcorn on us! Pizza will also be provided. Reservations are required. (Movies are posted at the C.C.C.O.A.). Donations are appreciated.

Wood Carving

Wednesdays, 1:00 p.m.-3:00 p.m.

Bring in your wood carving project and supplies for this group that meets weekly to talk about the craft, while working on their own projects. **Free.**

A "Brand New Deck" Card Group

Fridays, 1:00 p.m.-3:00 p.m.

This group will gather in our front lobby to play euchre. Please join us and invite your friends! If this program grows we plan to include themes, prizes, and tournaments in the future.

Events with an * require a reservation. Some events have limited reservations. To make a reservation or for more information, you may call (419) 562-3050, option 4 or stop at the Center to sign up for events. Reservations will be available August 1. Some activities encourage a small donation to participate.

Programs

Grief Support Group

August 7, 11:30 a.m. - Lunch Bunch at Bob Evans

Everyone has experienced a loss in this life, whether it be the loss of a spouse, a loved one, a job, loss of a pet, or loss of independence-adjusting to the new reality is tough. You don't have to walk alone. This group will be led by our social worker Janell Croneis, MSW, LISW-S. Please call Janell at (419) 562-3050 to R.S.V.P. for your first time attending. Participants must pay for their own lunch.

Food for Thought

August 12, 9:00 a.m.

Food for Thought for August will be pancakes, sausage, juice, and coffee – **all for \$3**. The guest speaker will be Stephanie Faulkner from the Bucyrus

Y.M.C.A. speaking about Silver Sneakers. Please R.S.V.P. by August 7th for this program if you would like to attend.

Grand Family Support Group

August 13, 2:00 p.m.

Join us to meet others who share similar experiences, learn valuable information, and build a support system with other grandparents (or extended family members) raising children. These meetings will be on the 2nd Tuesday of every month. Please look at calendar every month because date may change at times.

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