

Proceeds go towards Activities Program

Pork Chop Dinner Fundraiser
Pre-sale Tickets only! Drive-thru Carry Out!
October 25, 4-6pm
Cost: \$8/ticket
Council on Aging, 200 S. Spring Street, Bucyrus
419-562-3050
Get Your Tickets Today!

The 1st Annual Crawford County Council on Aging's

THANKSGIVING DINNER
TICKETS AVAILABLE OCT. 22

Free Traditional Holiday Meal for ages 55 and up
Meals sponsored by Advanced Fiber Technologies
Pies provided by Heartland of Bucyrus

Friday, NOVEMBER 16 1:30pm - 3pm
at the Crawford County Council on Aging
200 South Spring Street, Bucyrus

Tickets are required and may be reserved by calling the Activities Department at (419) 562-3050 or by stopping in the COA. Please R.S.V.P. by November 7th. Reservations are limited.

Enjoy dinner while visiting with other seniors from the community.

Driver Improvement Program

An 8-hour course designed for those over age 60

AAA's state-approved program is designed to keep you up-to-date on the latest risk-reducing driving techniques. Many insurance companies give an insurance premium reduction to those who successfully complete this course.

Classes are taught by an AAA certified instructor and run four hours on two separate days at the Council on Aging. Lunch is included both days.

Fee: \$15.00

Class: 9:30 am-2:30 pm

Date:
October 16 & 17, 2018

Contact:
Candy Yocum
419-562-3050



That's a fail, huh?

Upcoming Trips

Amish Country Trip

October 15, 8:00 a.m.

Meet at the center to depart on the bus to Amish Country for shopping and lunch on this day trip. Space is limited and reservations are required. **Cost: \$25 for transportation (must be paid by October 10), must pay for own lunch and shopping.**

Growing Together Trick or Treat Trip

October 30, 8:30 a.m.

Meet at the Center to go to Sonshine Daycare to help hand out candy for the daycare's Halloween celebration. Costumes are encouraged but not required. Candy will be provided. This trip is part of the Growing Together program, which is an Intergenerational partnership between Sonshine and the Crawford County Council on Aging that promotes interaction between children and senior citizens. Reservations are required. **Cost: Free.**

Taco Tuesday

October 9, 1:00 p.m.

Taco Tuesday! Pick your toppings from our taco bar. Reservations are required. **Cost: \$1 per taco.** Drinks will be available for an additional cost.

Out to Lunch

October 12, 11:00 p.m.

Meet at the Center to drive to lunch at Wrigley Boy's. Reservations are required. **Cost: Participants must pay for their own meal.**

Hot Dog Bar

October 18, 1:00 p.m.

Come enjoy a hot dog with all of the fixings! Reservations are required. **Cost: Each hot dog is \$1, chips and soda will be available for an additional cost.**

Keep Space Blank For Ads

Activities

Adult Coloring

October 1, 10:00 a.m.-11:00 a.m.

Relax by coloring with other seniors. There will be a variety of pictures to choose from and all supplies are provided. **Free.**

Essentials Bingo

October 1, 2:00 p.m.-3:00 p.m.

Enjoy Bingo while winning household essentials such as toiletries and cleaning supplies. Sponsored by the Crawford County Council on Aging. **Free.**

Exercises for Balance

October 2,4,9,18,23, & 25, 10:30 a.m.-11:00 a.m.

Start your day off right with this class with Candy that will improve your balance and stamina. Reservations are recommended. **Free.**

Blood Pressure Checks

October 2, 11:00 a.m-12:00 p.m.

Cambridge Home Health will check your blood pressure. **Free.**

Voter Registration

October 3, 10:00 a.m.-11:00 a.m.

It's not too late to register to vote in the next election. Candy will help you register or change your address on your registration.

A Matter of Balance

October 4,11,18, & 25, 9:00 a.m.-10:00 a.m.

A Matter of Balance is a nationally recognized class designed to reduce risk of falls and increase activity levels in seniors. Participants learn to view falls and fear of falling as controllable, set realistic goals to increase activity, change their environment to reduce fall risk factors, and exercises to increase strength and balance. This is an eight week class held on Thursdays from September 20th-October 25. Registration is required and limited. **Free.**

Alzheimer's Association Program

October 5, 10:00 a.m.-11:00 a.m.

Tessa Clark, Program Coordinator for the Northwest Ohio Chapter of the Alzheimer's Association, will be at the Council on Aging the first Friday of

every month, either doing a program or Care Consultations. This month will be an educational program. Reservations are encouraged. **Free.**

Scrap Booking Class

October 8, 9:00 a.m.-10:30 a.m.

Bring in your treasured pictures and learn the basics of scrapbooking. Please bring your own scrapbook or choose from pages available at the Senior Center. Class size is limited. Reservations are required. **Free.**

Euchre and Snacks

October 8, 1:00 p.m.-3:00 p.m.

We are trying to get some euchre groups back together. If you are interested in playing, please call Candy at (419)562-3050, option 4. We need four players in order to hold this event, so please make reservations and include your phone number so we can notify you if we don't have enough players. Snacks will be provided. **Free.**

Grief Support Group

October 10 & 24, 3:00 p.m.-4:00 p.m.

Everyone has experienced loss in this life, whether it be loss of a spouse, a loved one, a job, loss of a pet, or loss of independence-adjusting to the new reality after a loss is tough. You don't have to walk alone. Join us for a grief support group the second and fourth Wednesday of the Month at 3:00 pm at the Council on Aging. The group will be led by our social worker, Janell Croneis, MSW, LISW-S. Please call Janell at 419-562-3050 to RSVP for your first time attending.

Alzheimer's Support Group

October 10, 2:00 p.m.

(at the Bucyrus Public Library)

This support group will meet at the Bucyrus Public Library every second Tuesday at 2:00 p.m. Learn about community resources while building a support system with people who understand. This is a place for caregivers, family, and friends of people

Activities

with dementia to share information, needs, concerns, and to talk through issues and ways of coping. All ages are welcome.

AAA Senior Driving Program

October 16 & 17, 9:30 a.m.-2:30 p.m.

This program is for seniors age 60 and older. AAA's state-approved program is designed to keep you up-to-date on the latest risk-reducing driving techniques. Attendance is required for both days to be eligible for insurance discounts. A test will be given at the end of the course. Call Candy at the Council on Aging at 419-562-3050, option 4 to register. This class must have 15 participants in order for us to hold it, so please leave your phone number in case we do not reach this goal. **Cost:** \$15, includes lunches.

Senior Bingo

October 18, 2:00 p.m.-3:00 p.m.

Community members ages 55 and over are welcome to participate in this Bingo. September's Bingo is sponsored by V.N.A. **Free.**

Ice Cream Social

October 18, 3:00 p.m.-3:30 p.m.

Join us for an ice cream sundae while visiting with other seniors in the community. **Cost:** \$1 donation appreciated. Reservations are required.

Wine Glass Jack-O-Lantern

October 19, 9:00 a.m.- 11:30 p.m.

This fun craft will be a great Halloween Decoration. Reservations are required by October 15. **Cost:** \$3

Trivia Contest

October 22, 11:00 a.m.-11:30 a.m.

Do you like trivia? The winner of this educational contest receives a gift certificate provided by McDonald's. **Free.**

Painting Class

October 22, 1:00 p.m.- 4:00 p.m.



Paint a Halloween scene on an orange sky background with your choice of a cat, scarecrow, pumpkin, or witch silhouette. Reservations are required by October 15. **Cost:** \$5

Pizza and a Movie

October 23, 1:00 p.m.-3:00 p.m.

Enjoy a movie, pizza, and popcorn. Reservations are required. Donations are appreciated. **Free.** (See page 8 for the movie)

Board Games

October 26, 9:30 a.m.-11:30 a.m.

Come enjoy one of our many board games. **Free.**

Tech Time

October 30, 12:00 p.m.-3:00 p.m.

(30 minute classes available by appointment)

Do you need help learning how to use your smart phone, tablet, or laptop? Call to make an appointment for a one on one class. **Free.**

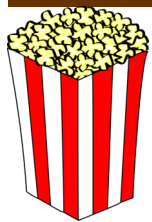
Wood Carving

Wednesdays, 1:00 p.m.-3:00pm

Bring in your wood carving project and supplies for this group that meets weekly to talk about the craft while working on their own projects. **Free.**

Some events have limited reservations. To make a reservation or if you have any questions, you may call (419)562-3050 and ask for Candy or stop in the center. Some activities encourage a small donation to participate; when traveling, we require an entrance fee to a place we are visiting and you must pay for your own lunch. Reservation will be available October 1.

Monthly Movies



Movie and Popcorn Days

Friday, October 5, 1:00 p.m.

'An Unfinished Life'

This emotional drama stars Robert Redford, Morgan Freeman, and Jennifer Lopez.

Friday, October 19, 1:00 p.m.

'The Ghost and Mr. Chicken'

This classic movie stars Don Knotts as an aspiring newspaper writer who gets a break on a story— but it means he must spend the night in a haunted house. Hilarity ensues.



Pizza and a Movie

Tuesday, October 23, 1:00 p.m.

'Won't You Be My Neighbor'

This critically acclaimed documentary is about the life and principles of Fred Rogers, the creator and host of *Mr. Rogers' Neighborhood*.



Donuts and a Movie

Monday, October 29, 9:30 a.m.

'Edward Scissorhands'

Starring Johnny Depp, Winona Ryder, and Vincent Price and directed by Tim Burton, this movie is a classic from the 90's.

Keep Space Blank For Ads