

# Upcoming Trips

## Out to Lunch

**February 6, 11:30 a.m.**

Meet at the Center to depart on our bus. We will be dining at Baker's Pizza in Bucyrus. Reservations are limited and required. Participants must pay for their own lunch.



## Out to Lunch

**February 20, 11:30 a.m.**

Enjoy a lunch with other seniors. We will be dining at Carle's Bratwurst in Bucyrus. Meet at the center and depart on our bus. Reservations are limited and required. Participants must pay for their own lunch.



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# Activities

## Adult Coloring

February 2 & 23, 10:00 a.m.-11:00 a.m.

Relax by coloring with other seniors. **Free.**

## Movie & Popcorn

February 2 & 16, 1:00 p.m.-3:00 p.m.

Enjoy a movie and free popcorn. **Free.** (See page 8 for a list of our featured movies).

## Scrap Booking Class

February 5, 9:00 a.m.-11:00 a.m.

Bring in your treasured pictures and learn the basics of scrapbooking. Please bring your own scrapbook or choose from pages available at the Senior Center. Class size is limited. Cost: **Free.** Reservations are required.

## Essentials Bingo

February 5, 2:00 p.m.-3:00 p.m.

Enjoy Bingo while winning household essentials such as toiletries and cleaning supplies. **Free.**



## Blood Pressure Checks

February 6, 11:00 a.m.-12:00 p.m.

Cambridge Home Health will check your blood pressure. **Free.**

## Chair Yoga

February 7, 21, & 28, 2:00 p.m.-2:30 p.m.

Join Candy, Activities Coordinator, for this class that not only helps relieve stress, but also helps improve strength and flexibility. Reservations are encouraged. **Free.**

## Video Games

February 8 & 26, 10:00 a.m. -11:30 a.m.

Come pick from various sports themed games to play on our Wii with other seniors. Candy will be here to help beginners learn the games. **Free.**

## Mason Jar Tissue Holder

February 8 1:00 p.m.-3:00 p.m.

Learn how to make your own mason jar tissue holder. You may make 4 different tops to change out for different seasons. Reservations are required. Cost: \$4 donation appreciated.



## Painting Class

February 12 1:00 p.m.-4:00 p.m.

We will be doing a painting that will also include string art if you would like. Various colors of paint and string will be available to personalize your creation. No previous painting experience necessary. All supplies are provided. Class size is limited. Cost: \$5. Donation encouraged. Reservations are required.



## Trivia Contest

February 12, 11:00 a.m.-11:30 a.m.

Do you like trivia? The winner of this educational contest receives a gift certificate provided by McDonald's. **Free.**



## Miniature Button Art on Easel

February 13, 9:00 a.m.-11:00 a.m.

Come in and make this adorable miniature decoration in preparation of Valentine's Day. Reservations are required and limited. Cost:\$2 Donation appreciated.

Some events have limited reservations. To make a reservation, you may call (419)562-3050 and ask for Candy or stop by the center to sign up for events. Reservations will be available February 1. Some activities encourage a small donation to participate. **If Bucyrus City Schools are closed due to inclement weather, activities for that day will be cancelled.**

### Tech Time

February 13, 11:00 a.m.-2:00 p.m.

(30 minute classes available by appointment)

Do you need help learning how to use your smart phone, tablet, or laptop? Call to make an appointment for a one on one class. **Free.**



### Valentine's Day Party

February 14, 12:30 p.m.-2:00 p.m.

You are invited to join our festivities! There will be refreshments followed by live musical entertainment by Dick Tobin on the keyboard. Reservations are required. Cost: \$3 donation appreciated.

### Senior Bingo

February 15, 2:00 p.m.-3:00 p.m.

Community members ages 55 and over are welcome to participate in this Bingo sponsored by Mill Creek Nursing and Rehabilitation for February. **Free.**

### Ice Cream Social

February 15, 3:00 p.m.-4:00 p.m.

Join us for an ice cream sundae while visiting with other seniors in the community. Cost: Donations accepted. Reservations are required.



### Heart Healthy Habits for Seniors

February 16, 11:00 a.m.-11:30 a.m.

Courtney from Heartland of Bucyrus will be presenting this informative and educational program. **Free.**

### Board Games

February 20, 2:00 p.m.-4:00 p.m.

We have many games to choose from-bring a friend to play or meet some new ones! **Free.**

### Heart Healthy Snacks Class

February 22, 2:00 p.m.-3:00 p.m.

Snacking between meals is not always a bad thing-healthy snacking actually helps prevent binge eating later in the day and can be a valuable source of nutrients in your diet. This is only if you are making the right choices. February is American Heart Month – learn and sample snack choices that are beneficial to heart health. Reservations are required. Cost: \$2 donation appreciated.



### Pizza and a Movie

February 23, 2:00 p.m.-4:00 p.m.

Enjoy a movie and popcorn on us! Pizza will also be provided. Reservations are required. **Free. (See page 8 for a list of our featured movies)**

### Donuts and a Movie

February 27, 9:30 a.m.-11:30 a.m.

Start your morning right with donuts, coffee, and a movie. **Free. (See page 8 for a list of our featured movies)**

### Cards

Mondays & Thursdays, 12:15-2:15pm

Monday, Feb. 26-snacks will be served

Euchre is played twice a week. Come in and enjoy a friendly game and meet other seniors from the community. There will be no cards on Presidents' Day. **Free.**

### Wood Carving

Wednesdays, 1:00-3:00pm

Bring in your wood carving project and supplies. Group meets weekly to talk about the craft while working on their own projects. There will be no wood carving on February 14. **Free.**

# Monthly Movies

## Movie and Popcorn Days

Friday, February 2, 1:00 p.m.

### **'Groundhog Day'**



Phil (Bill Murray), a weatherman, is covering the annual emergence of the groundhog when he finds himself in a time warp, doomed to relive the same day over and over until he gets it right.

Friday, February 16, 1:00 p.m.

### **'Our Souls at Night'**

This movie was released in 2017 and stars Jane Fonda and Robert Redford as two widowed neighbors who develop an unexpected relationship.

## Pizza and a Movie

Friday, February 23, 2:00 p.m.

### **'Dunkirk'**

This film depicts the dramatic and true story of the events surrounding the evacuation of some 340,000 Allied troops from the French port of Dunkirk during World War II.

## Donuts and a Movie

~~Monday~~, February 27, 9:30 a.m.  
Tuesday

### **'Leap Year'**

Anna travels to Ireland to propose marriage to her boyfriend on leap day because according to Irish tradition, a man who receives a marriage proposal on a leap day must accept it.



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